



**Pakistani-Descent Physicians Society (PPS) APPNA Illinois Chapter CME International Meeting**

**Central Asia (Uzbekistan) & Russia (5th. International CME Trip)**

**Tuesday July 26– Sunday August 05 2018 (Departure from US July 24 return in US on Aug 5th)**

**REGISTRATION FORM**

**Personal Information:**

**Person 1. (Name as it appears on your passport, spell as they are on passport) \_\_\_\_\_**

First Name \_\_\_\_\_

Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Nationality/country of passport \_\_\_\_\_

Passport Number \_\_\_\_\_

Expiration date on passport \_\_\_\_\_

Date of Birth on Passport \_\_\_\_\_

Departure City/airport \_\_\_\_\_

Meals: If we are not able to provide Zabiha meat, what would like to have in meals (circle one): Fish Vegetarian

You will not be able to change your preference.

**Person 2. (Name as it appears on your passport, spell as they are on passport) \_\_\_\_\_**

First Name \_\_\_\_\_

Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Nationality/country of passport \_\_\_\_\_

Passport Number \_\_\_\_\_

Expiration date on passport \_\_\_\_\_

Date of Birth on Passport \_\_\_\_\_

Departure City/airport \_\_\_\_\_

Meals: If we are not able to provide Zabiha meat, what would like to have in meals (circle one): Fish Vegetarian

You will not be able to change your preference.

**Person 3. (Name as it appears on your passport, spell as they are on passport)**

First Name \_\_\_\_\_

Middle Name \_\_\_\_\_

Last Name \_\_\_\_\_

Nationality/country of passport \_\_\_\_\_

Passport Number \_\_\_\_\_

Expiration date on passport \_\_\_\_\_

Date of Birth on Passport \_\_\_\_\_

Departure City/airport \_\_\_\_\_

Meals: If we are not able to provide Zabiha meat, what would like to have in meals (circle one): Fish Vegetarian  
You will not be able to change your preference.

**Person 4. (Name as it appears on your passport, spell as they are on passport)**

First Name \_\_\_\_\_

Middle Name \_\_\_\_\_

Last Name \_\_\_\_\_

Nationality/country of passport \_\_\_\_\_

Passport Number \_\_\_\_\_

Expiration date on passport \_\_\_\_\_

Date of Birth on Passport \_\_\_\_\_

Departure City/airport \_\_\_\_\_

Meals: If we are not able to provide Zabiha meat, what would like to have in meals (circle one): Fish Vegetarian  
You will not be able to change your preference.

**Person 5. (Name as it appears on your passport, spell as they are on passport)**

First Name \_\_\_\_\_

Middle Name \_\_\_\_\_

Last Name \_\_\_\_\_

Nationality/country of passport \_\_\_\_\_

Passport Number \_\_\_\_\_

Expiration date on passport \_\_\_\_\_

Date of Birth on Passport \_\_\_\_\_

Departure City/airport \_\_\_\_\_

Meals: If we are not able to provide Zabiha meat, what would like to have in meals (circle one): Fish Vegetarian  
You will not be able to change your preference.

**Information for communication:**

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (cell) \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

**Hotel information:**

Number of rooms required \_\_\_\_\_ (each room must have 2-pp, unless single supplement)

Type of rooms (circle one): Room #1: 1-bed      2-beds      Room #2: 1-bed      2-beds

(Room type is not guaranteed)

Special Needs (if any) \_\_\_\_\_

**Visa: Tourist Visa is required for US passport holders to both countries. Information on Visa will be sent in May 2018 to all registrants**

**Registration deadlines: March 30, 2018 \*\* (Limited numbers on this trip)**

\*\*Registration may be stopped prior, if maximum capacity of group is filled

\*\*All registrations will be entertained on first come – first registered and paid basis

**The prices shown does not include International flights**

**IMPORTANT NOTES:**

**\*If you book your own flights, please plan to arrive in Tashkent on July 26 and return from Moscow on August 5th**

**Payment Information:**

<b>Cost per person</b> for first & second person in same room (double occupancy)	\$3873 *	_____	= \$ _____
Child under 12 years sharing room with parents	\$2495 *	_____	= \$ _____
Child under Age of 2	FREE		FREE
Single Supplement/ One person in room (Add)	\$985 *	_____	= \$ _____
Optional Activity (Ballet Show)	\$75 *	_____	= \$ _____
CME Fees:                      (All Physicians must register for CME)                      200			= \$ _____
<b>G. Total:</b>			= \$ _____

Full payment is due at the time of registration, which is fully refunded, less credit card processing charges + administrative fee of \$300, by March 15, 2018

**By Check** (payable to Meetings Management International): Check # \_\_\_\_\_: Check Amount: \$ \_\_\_\_\_

**By Credit Card** (4-% processing fee will apply):

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on Credit Card: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

(If you are paying by credit card, 4% service fee will be charged)

**Cancellation:** Full payment is refundable (less credit card processing charges + administrative fee of \$300), if cancelled by March 15, 2018

A 50% refunds will be issued if cancelled after March 15, 2018 and before May 10, 2018

No Refunds will be given if cancelled after May 10, 2018

ALL CANCELLATIONS MUST BE SUBMITTED IN WRITING BY EMAIL OR FAX TO [mona@meetingsmore.us](mailto:mona@meetingsmore.us)

fax # 317-536-3366

PPS; Meetings Management International or its tour operators do not carry any trip cancellation insurance, it is your responsibility to buy any insurance, information on insurance will be sent to all registrants

**Instructions:**

\* This PPS Conference Registration Form can be used to register a group of up to 5 attendees. This form contains common Information pertaining to all registrants including the Primary Registrant. You must provide details of each member of your group.

\* Incomplete Applications may cause unnecessary delays in making your reservations.

\* Please note that space is limited. PPS reserves the right to limit or refuse attendance at any time for any reason. Submitting this application does not guarantee you or your group to attend.

**\*Please send copy of passports of all registrants along with your application by fax or mail.**

\*If you have any questions, please call at 317-222-1370

If you are booking flights on own, you can call our travel agent Amax Travel at 713-278-8685 if you prefer

To contact Chairman of meeting Dr. Rahat Sheikh, write at [sheikhsialkot@yahoo.com](mailto:sheikhsialkot@yahoo.com)

**Disclaimer:** The responsibility of PPS, Meetings Management International and its Tour Operator in coordinating tour, hotel, travel or visa arrangements is limited. PPS, Meetings Management International, and its tour operator assumes no liability whatsoever for injury, damage, loss, baggage loss, accident, delay or irregularity which may be occasioned either by reason of defect, through the acts or defaults of any company or person engaged in the management for travel or tour, or from any cause beyond PPS's control. Room type and Zabiha Meat is not guaranteed.

**Itinerary:** Deviations to planned itinerary may occur due to weather, traffic or any other conditions beyond our control such as strike, acts of God, war, fire, acts of Government, riots, etc. We will do our best to insure that all the tours and visits are as mentioned in the itinerary that will be sent to all registrants.

**Insurance:** Attendees are required to have their own insurances for cancellation, emergency, accident, health or any travel related to this trip.

**Send your Registrations to:**

**By Mail:** *Complete and mail enclosed registration form along with a check payable to meetings Management International and mail:*

*Meetings Management International  
722 Willow Pointe South Drive  
Plainfield, IN 46168*

**By Fax:** *Complete and fax this registration form along with your credit card information at 317-536-3366*

Your Name: \_\_\_\_\_

Signature \_\_\_\_\_

Date: \_\_\_\_\_

# TENTATIVE ITENARARY

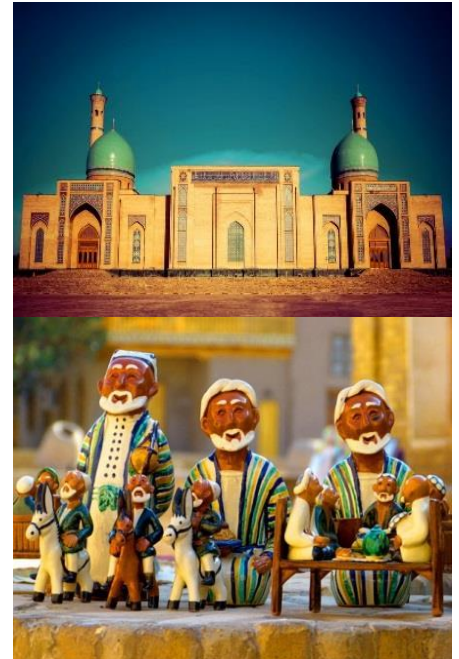
## Central Asia (Uzbekistan) & Russia (5th. International CME Trip)

Tuesday July 26– Sunday August 05 2018 (Departure from US July 24 return in US on Aug 5th)

### DAY 1 – July 26, 2018

#### TASHKENT – *Flight Coach B/L/D*

- Early morning arrival to Tashkent by flight.
- Meet your guide at the airport gates and drive to the hotel.
- Immediate early check-in and time for rest after the long night.
- Breakfast at the hotel (available from 7 am to 10 am).
- 11:00 Meet your guide at hotel lobby and start the city tour along the new part of Tashkent: Khazrati Imam Complex consisting of Barak Khan Madrasah (XVI c.), Kaffal Shashi Mausoleum (XV c.), Muiy-Mubarak Mosque – storehouse of the well-known Koran of Khalif Osman and gold hair of Prophet Muhammad, Djuma Mosque of Khodja Akhrar Vali. Time for walking and shopping at CHORSU national bazaar.
- 13:00 Lunch at local city restaurant.
- Afternoon city tour along the new part of Tashkent: Independence Square, Amir Temur Statue and local Broadway, Monument of Courage, and Tashkent Metro Ride.
- 18:00 Dinner at local city restaurant.
- Overnight at the hotel.



### DAY 2 – July 27, 2018

#### TASHKENT/CHIMGAN/TASHKENT – *Coach 220 km B/L/D*

- Breakfast at the hotel.
- Morning drive towards Chimgan Mountains (110 km, 1.5 hrs.).
- On arrival, time to enjoy chair-cable car lift to reach on the top. Time for photo shooting and nature view.
- Take chair-cable car to come down.
- 13:00 Lunch at local mountain restaurant.
- Drive to the shores of Charvak Lake. Enjoy the scenery and time to have some water activities (at your own cost).
- Return back to the city and time for rest at the hotel.
- 18:00 Dinner at local city restaurant.
- Overnight at the hotel.



## DAY 3 – July 28, 2018

### TASHKENT/BUKHARA/SAMARKAND – *Flight Coach 260km B/L/D*

- Take a breakfast-box from the hotel.
- 06:00 Transfer to Tashkent Domestic Airport.
- Registration and flight HY-21 to Bukhara (07:35-09:15).
- On arrival meet your local driver at the airport and transfer to the city center for the excursion in Bukhara: Citadel Ark, Bolo-Khauz Mosque, Samanids Mausoleum, Chashma-Ayub; Ulugbek Madrasah, Abdul Azizkhan Madrasah.
- 13:00 **Lunch at local house along with Master-class on traditional Uzbek pilaf cooking.**
- Afternoon continues the city tour: Poyi Kalon Architectural Ensemble that consists of Kalon Minaret, Miri-Arab Madrasah and Kalon Mosque; Magoki-Attori Mosque.
- Later afternoon drive to Samarkand (260 km, 3.5 hrs).
- On arrival, direct drive to the hotel.
- Dinner at hotel restaurant. Check-in and overnight at the hotel.



## DAY 4 – July 29, 2018

### SAMARKAND – *Coach B/L/D*

- Breakfast at the hotel.
- Whole day city tour in Samarkand: visit to the famous Registan Square consisting of Ulugbek Madrasah, Sherdor Madrasah and Tillya-Kori Madrasah; Guri Emir Mausoleum.
- 13:00 Lunch at local city restaurant.
- Afternoon continue the city tour: Shakhi Zinda Necropolis, Ulugbek Observatory, Afrosiyob Museum.
- 18:00 **Dinner at city restaurant followed by classical live music.** Overnight at the hotel.



## DAY 5 – July 30, 2018

### SAMARKAND/TASHKENT – *Coach Train B/L/D*

- Breakfast at the hotel.
- Morning drive out of the city to visit to Imam Al-Bukhariy Memorial Complex.
- Return back to the city and transfer to the hotel for check-out.
- 13:00 Lunch at hotel restaurant.
- Afternoon continues the excursion within Samarkand: Bibi Khanum Mosque – erected by the order of Tamerlane after his victorious Indian campaign. Visit to Siyob national bazaar.
- 15:30 Transfer to Samarkand Railway Station.
- 17:00-19:10 High-speed train from Samarkand to Tashkent.
- On arrival, meet your driver at the station and drive to the city.
- 19:30 Dinner at local city restaurant.
- Transfer to the hotel. Check-in and overnight.



## DAY 6 – July 31, 2018



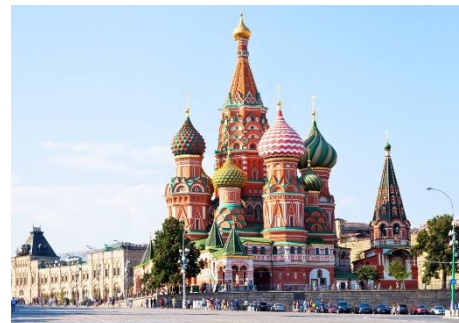
## TASHKENT/ST. PETERSBURG – Coach Flight

- 01:50 Transfer to Tashkent International Airport.
- Check-in and flight SU-6972 to St. Petersburg at 04:50 (arrival to Pulkovo Airport at 07:50).

## DAY 6 – July 31, 2018

### ST. PETERSBURG – Coach

- Arrive St. Petersburg (Russia)
- Clear customs, board Coaches for City panoramic tour on way to hotel. Lunch
- Arrive hotel around 1:00 PM; Check-in
- Rest at hotel
- Overnight in St. Petersburg

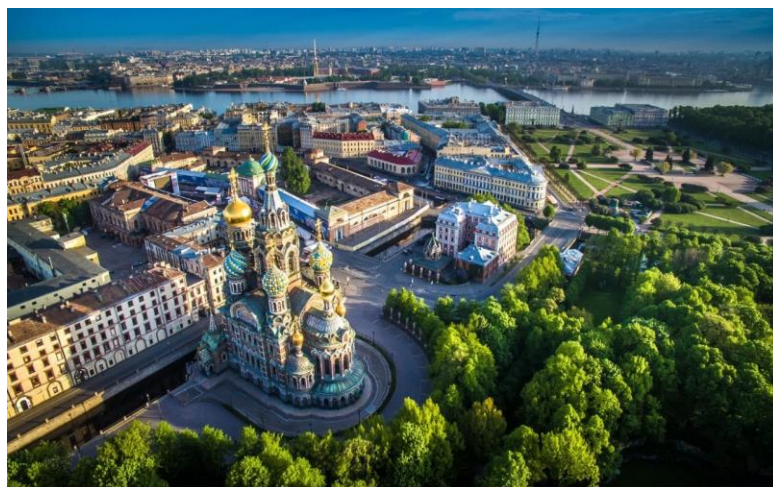


## DAY 7 – August 1, 2018

### ST. PETERSBURG – Coach B/L/D

- Breakfast at the hotel.
- Transfer to full day tour in St. Petersburg: visit to the famous Hermitage Museum.
- Afternoon free time for shopping at the main malls.
- Lunch at local city restaurant. / Dinner at hotel restaurant.
- Overnight at the hotel.

- **Hermitage** is one of the largest museums in the world like Louvre in Paris and the National Gallery in London. Hermitage collection numbers over 3 million exhibits from prehistoric to modern times. The Russian Empress Catherine II founded it in 1764, when she bought a large number of Western European paintings. A number of staterooms, where official ceremonies used to be held, preserve their sumptuous decor. The Hermitage acquires authentic



- masterpieces by the greatest painters and sculptors of the World, such as Leonardo da Vinci, Raphael, Titian, Rembrandt, Rubens, El Greco, Claude Monet, August Renoir, Paul Cezanne, Vincent van Gogh, Paul Gauguin, Pablo Picasso and Matisse. The Hermitage complex is a veritable spiritual universe created in the course of times and filled with the unique gifts of creativity.
- Transfer to the hotel. Check-in and overnight.

## DAY 8 – August 2, 2018

### ST. PETERSBURG – *Coach B/L*

- Breakfast at the hotel.
- Morning continue the city tour in St. Petersburg: Catherine Palace, St. Isaac Cathedral, Peter & Paul Fortress, Church of The Savior on Blood, Kazan Cathedral.
- Lunch at local city restaurant.
- **Peter and Paul Fortress** is the first building in Saint-Petersburg. By the order of Peter the Great it was built here to defend these lands from Sweden, during the war, which lasted 21 years and came down into the history as the Northern War. The first day of the fortress's construction – 27th of May 1703 – became the Birthday of the whole city. The architect of the fortress was Domenico Trezini, the first architect of the city. For a long period of time the fortress was used as a political prison. The architectural centre of the ensemble of the Fortress is the Cathedral.



## DAY 9 – August 3, 2018

### ST. PETERSBURG/MOSCOW – *Coach Train B/L/D*

- Breakfast at the hotel.
- Morning drive to the railway station. Transfer to Moscow by Sapsan train (09:00-12:58).
- Arrive at Moscow railway station. Meet at the station and drive to the city center.
- Starts the city tour in Moscow: Lenin Mausoleum, Bolshoi Theatre, Tretyakov Gallery, Tsaritsino Park.
- Transfer to hotel. Check-in and time for freshen up.
- Lunch at local city restaurant. / Dinner at hotel restaurant.
- Overnight at the hotel in Moscow
- This tour gets you acquainted with Moscow – the capital of Russia. You will find out peculiar details about the history of this ancient city. As Moscow's origins have long been shrouded in the mystery of time, there are countless stories and myths about Moscow. You will see unique historical, architectural and cultural landmarks: the Kremlin, the Cathedral of the Intercession on the Moat (which was renamed as Cathedral of St. Basil the Blessed), the Bolshoi Theatre, the Cathedral of Christ the Savior. You'll feel originality and grandeur of Moscow – the center of political, financial, cultural and spiritual life of Russia.
- **Red Square** has always been the main square of Moscow. Here heralds announced the Tsar's decrees and Sovereign's will to the crowd. On Major Religious festivals religious processions from the Kremlin to Red Square were held, on such days the whole square was full of people, and it resembled an open-air church. It was here that the magnificent cathedral of **St. Basil's** was built. St. Basil's cathedral is unique among Moscow's churches.
- Transfer to the hotel. Check-in and overnight.



## DAY 10 – August 4, 2018



## MOSCOW – Coach B/L/D

- Breakfast at the hotel.
- Transfer to full day tour in Moscow: Red Square, St. Basil Cathedral, Tsar Bell, Ivan the Great Bell Tower, Cathedral of the Archangel Peter, The Great Statue.
- Afternoon free time for shopping at main stores and malls. Lunch at local city restaurant. / Dinner at hotel restaurant.
- The **Kremlin** is a historical centre of the city, the heart of Moscow. This is one of the most famous museums in the world, which always attracts a number of visitors. The Kremlin is located on a hill washed from one side by the Moskva River. On the Kremlin grounds you can see the Tsar Bell and the Tsar Cannon and visit Annunciation Archangel and Assumption Cathedrals, Ivan the Great Bell Tower and the Church of the Twelve Apostles – the wonderful monuments of Russian church architecture with unique richly decorated interiors
- Transfer to the hotel. Check-in and overnight.



## DAY 11 – August 5, 2018

### MOSCOW/USA – Coach B

- Breakfast at the hotel.
- Transfer to airport for flight to USA

### **COMMITTEE:**

*Meeting Chair:*

Dr. Sajid Mehmood

*Co-Chairs:*

Dr. Qasim Ghani & Dr. Samina Hijab

*Chair CME:*

Dr. Amin Nadeem

*CME Coordinator:*

Dr. M. Nadeem Longi

*President:*

Dr. Rahat Sheikh